



Whatcom County Breastfeeding Resources

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Electronic version with website hyperlinks is available: www.whatcomcounty.us

Search: Breastfeeding Resources

Support after your birth:

Bellingham Center for Healthy Motherhood

Clinic Visits: M-F 8:30am-5:00pm

Accepts all Insurance coverage for Clinic Visits

Home Visits: M-Sun by Appointment

Private Pay for Home Visits-may be reimbursed by insurance

Provides Lactation Consultation, Infant Assessment (including Jaundice and Bilirubin checks) & Breast Pumps

Phone: (360)526-2185 Fax: (360)389-5833

1012 Dupont St, Bellingham, WA 98225

www.centerforhealthymotherhood.com

PeaceHealth Medical Group Lactation Services

Clinic Visits: M&W 9 am-11 am

Clinic Visits: T&TH 9 am-3 pm

Accepts all Insurance coverage for clinic visits

Provides Lactation Consultation

Phone: (360) 752-5280 Fax: (360) 752-5282

4465 Cordata Parkway, Suite C

Bellingham, WA 98225

www.peacehealth.org

Breasts R Best Private Lactation Consultation

Home Visits: F-Sun by Appointment

Private Pay for Home Visits – May be reimbursed by insurance

Provides Lactation Consultation

Phone: (360) 474-7092 Fax: (360) 783-6677

www.breastsrbest.com

*Maternity Support Services:

Answers Counseling

(Variable home visiting hours with appt.)

Whatcom County Health Department

(Nurse Family Partnership program only)

Lummi Tribal Health Clinic

Nooksack Tribal Clinic

Sea Mar Community Health Clinic

Phone: (360) 255-785 Fax: (360) 255-7018

www.answerscounseling.org

Phone: (360) 778-6102

www.co.whatcom.wa.us

Phone: (360) 384-0464

www.lummi-nsn.org

Phone: (360) 966-2106

www.nooksacktribe.org

Phone: (360) 778-7150

www.seamar.org

*Maternity Support Services provides FREE Home and Clinic Visits for Families with Apple Health, Molina, or CHPW. A nurse provides support from pregnancy through infancy with lactation, infant health and development, family health and community resources.

Support Groups/Drop-In/Classes:

Local La Leche League Meetings:

<http://www.lllofwa.org/la-leche-league-bellingham-and-whatcom-county>

Meetings:

Bellingham: 2nd Wednesday of each month @ 10am

Bellingham Covenant Church, 1530 E Bakerview

Bellingham Toddler Meetings: 2nd Thurs. monthly @ 10:30am

Perch N Play, 1707 N. State St.

Ferndale: 3rd Saturday of each month @ 11am

London Health Center 2376 Main St.

Lynden: 3rd Tuesday of each month @ 7 pm

Lynden Community Center, 401 Grover S

Breastfeeding Café

Bellingham Center for Healthy Motherhood

Tuesdays: 9am-12pm

1012 Dupont St., Bellingham



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Classes: Childbirth and Breastfeeding:

Bellingham Technical College http://www.btc.ctc.edu/DegreesClasses/TakeAClass/TakeClasses.aspx	(360) 752-8350
Whatcom County HD WIC BFing Class 2 nd Wed of the Month 1-2:30pm (open to the public)	(360) 778-6102
Sea Mar CHC CBE & BFing Classes Includes Spanish language classes (open to the public)	(360) 788-7150
Natural Birth Options: www.naturalbirthofferings.com	

WIC nutrition services:

Whatcom County Health Dept (provides breastfeeding peer support)	(360) 778-6102
Sea Mar CHC (provides breastfeeding peer support)	(360) 788-7150
Lummi Tribal Health Center	(360) 312-2467
Nooksack Tribal Clinic	(360) 966-2106
WIC provides breast pumps to their clients-check with staff for details	

Breast Pump Resources:

Pacific Mother Support (PMSI) www.pacificmsi.com Bills some Medicaid plans w/RX, next day home-delivery Provides personal use electric pumps	(800) 578-2260 Fax (425) 462-0432
Nurturing Expressions Bills commercial insurance (Medicaid OK for rentals)	(206) 763-2733
Norco	(360) 746-0826
Apria Health Care	(360) 738-8300
LifeSong Perinatal Service Rentals & Purchases www.lifesongperinatal.com	(360) 510-0188
Along Comes A Baby Rentals and purchase- does not bill insurance	(360) 671-5523

Breastfeeding Web Addresses (for families & Health Care Providers):

Within Reach (Breastfeeding Coalition of WA) www.withinreachwa.org/what-we-do/healthy-communities/breastfeeding/
Washington State WIC http://www.doh.wa.gov/YouandYourFamily/WIC/BreastfeedingSupport.aspx
La Leche League International www.llli.org
National BFing Helpline (BF Peer Counselors available and free breastfeeding magazine) www.womenshealth.gov/Breastfeeding
Kelly Mom Breastfeeding Information/Support www.kellymom.com
Stanford University Breastfeeding Support (great "how to" videos) http://newborns.stanford.edu/Breastfeeding
The Academy of Breastfeeding Medicine www.bfmed.org
LactMed (free App available) Medications & BFing use, safety, and more http://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm
Dr. Hale breastfeeding and medications http://www.infantrisk.com
United States Breastfeeding Committee www.usbreastfeeding.org